ZAND Jakub (1900–1944?), medical internist, social activist. He was born on 3rd May 1900 in Częstochowa, the son of Józef Wolf (19th October 1875 Częstochowa -) who, in Częstochowa, was the director of the Ryski Bank, later known as the Cooperative Bank, and Rozalia née Markowicz (18th February 1878 Częstochowa -).

In 1919, he matriculated from the Wincenty Szudejko Boys Gimnazjum in Częstochowa. He served in the Polish Army in a reserve battalion of the 2nd Field Artillery in Wołkowysk. In 1921, he was granted indefinite leave and began studying in the Medical Faculty of the University of Warsaw. He belonged to the Jewish Medical Association. In 1926, he completed his studies and, in 1927, he was awarded his degree in medical science.

He specialised in internal medicine and practised in Częstochowa. (He lived at al. Wolności 23 and, from 1935, at I Aleja 1). In 1928-1929, he served at the Reserve Officer Cadet School in Warsaw, obtaining the rank of lieutenant.

In 1936, he was a member of the building committee of the Jewish Gimnazjum in Częstochowa. He was a member of the Częstochowa branch of the Polish Red Cross and took part in its activities, including in training Polish Red Cross rescue teams.

His wife was Rebeka née Grazberg (14th April 1906 Warsaw - 1943), a doctor, who graduated in 1934, practising in Częstochowa (1 Aleja 1), specialising in children’s ailments and in the care of infants. They had a son Jerzy Robert (19th March 1937 Warsaw).

At the beginning of the occupation, he was living in Częstochowa (I Aleja 1, apt. 4). He later moved to Warsaw, where he perished.


Andrzej Kuśnierczyk, Wiesław Paszkowski